

PATIENT INSTRUCTIONS FOR DIAGNOSTIC TESTING

PATIENT NAME: _____ PROC. TIME: _____

TESTING DATE: _____ ARRIVAL TIME: _____

You have been scheduled for the following diagnostic procedure(s) at the hospital checked below:

- Heart Catheterization
- Electrophysiology Study (EP Study)
- ICD/Pacemaker Implantation
- Catheter Ablation
- Transesophageal Echocardiogram (TEE)
- Cardioversion
- Other _____

Memorial Hermann Hospital- Medical Center, 6411 Fannin, Houston, TX 77030, (713) 704-4000. **Check in on the 2nd floor at The Heart & Vascular Institute.**

Other _____

Your instructions prior to the procedure(s) are:

- ◆ Do not eat or drink after midnight the night before the procedure unless instructed otherwise.
- ◆ *If you take Plavix stop taking it for 7 days before your procedure, and if you take Coumadin or Warfarin stop taking it 5 days before your procedure. This is very important, as your procedure will be cancelled if you do not do so.*
- ◆ Make arrangements with a family member or friend to drive you to and from the hospital.
- ◆ Pack a small bag in case your doctor decides to keep you overnight in the hospital.
- ◆ Take all medications you are currently taking to the hospital with you.
- ◆ Be sure to mention to the doctor (or nurse) if you have experienced allergic reactions to any medications or dyes.
- ◆ For your comfort, empty your bladder as completely as possible before the procedure starts.

Also, a hospital representative will call you the night before the procedure to remind and give you further instructions for the procedure. If the procedure is scheduled on a Monday, the hospital should call you on the Friday prior.